



## **JERSEY FRESH AVAILABILITY FOR OCTOBER 25, 2004**

**Acorn & Butternut Squash** – Finishing up the harvest of good quality produce. Some of these squashes will go into storage for later sale. Should be available until Thanksgiving.

**Baby Arugula & Baby Spinach** – Harvesting in good quality and volume.

**Beets** – Harvesting good quality and volume. Should have beets available into November or until a hard freeze.

**Broccoli, Brussels Sprouts, & Cauliflower** – Harvesting good quality and quantity in central New Jersey.

**Cabbage** – Good quality Red, Savoy, and Green being harvested in major quantities.

**Cilantro & Parsley** – Harvesting good quality and volume. Should have them available into the beginning of November.

**Cranberries** – This year's crop is an average size crop with excellent quality and smaller than average size berries. Our growers are harvesting mature red berries now, in good volume. Although most of our cranberries are "wet harvested" and sold to the Ocean Spray Cooperative, we have increased amounts of high quality dry harvested red and white berries available each year due to increased consumer demand.

**Cucumbers** – Finishing up.

**Eggplant** – Finishing up.

**Escarole/Endive** – Harvesting a good volume of good quality product with the fall crop.

**Green Onions** – Good quality and fair volume.

**Greens** - Good quality and volume of Collards, Kholrabi, Kale, Mustard, Broccoli Raab, and Swiss Chard. Should have greens available into November or a hard freeze.

**Leeks** – Good quality being harvested in good volume.

**Lettuces** – Harvesting good quality Boston, Green & Red Leaf, Romaine, and Iceberg lettuces in good volume.

**Peppers** – Finishing up.

**Pickles** (Kirby cucumbers) – Finishing up.

**Pumpkins** – We have less supply than normal again with wholesale prices proportionately higher. The cool and wet spring caused late planting and a light fruit set. Then we had some periods of steady mid-summer rainfall that led to disease producing conditions.

**Spinach** - Harvesting good quality and volume with the fall crop. Quality seems to get better as the weather gets cooler. Can handle some frost.

**Squashes** – Finishing up.

**Sweet Corn** – Finished.

**Sweet Potatoes** – Harvesting good quality and quantity.

**Tomatoes** – Minimal quantity and good quality still available from direct marketers as cooler temperatures slow ripening. Finishing up soon.

**White Potatoes** – The Redskin variety Norland and Superior round white varieties being harvested. There is a large crop of good quality potatoes this year. Source your New Jersey white potatoes in their distinctive "Jersey Fresh" bags.